



# Rugby Swimming Club Open Meet 2022

(Level 3 License: 3WM220140)

Event	Rugby Swimming Club Open Meet 2022
Venue	The Queen's Diamond Jubilee Centre, Bruce Williams Way, Rugby, CV22 5LJ
Date	Saturday 12 and Sunday 13 March 2022
Time	Session 1: Saturday 12 March, warm up 12:45pm, start 1:30pm Session 2: Saturday 12 March, TBC Session 3: Sunday 13 March, warm up 8:45am, start 9:30am Session 4: Sunday 13 March, TBC
Pool	Electronic timing, 8 lane, 25m pool
Events	50, 100, 200m All strokes 400m Freestyle 200m Individual medley
Age groups	9/10 years, 11/12 years, 13/14 years, 15/over. Age as of 13 March 2022
Fees	£7.50 per race
Entries to	<a href="mailto:rugbyopen@rugbyswimmingclub.co.uk">rugbyopen@rugbyswimmingclub.co.uk</a>
Closing date for entries	Midnight, Saturday 12 February 2022



## **Information**

### **Swimmers and coaches**

**EVENT:** This event has been licensed at Level 3 (license number 3WM220140) by the ASA for Entry into County Competitions.

**VENUE:** The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby, Warwickshire, CV22 5LJ. There's a large car park at the Centre and an adjacent recreation park. The Centre is only a short walk from the town centre.

**DATE:** It'll be a spectacular two-day event on Saturday 12 and Sunday 13 March 2022.

**TIME:** Make sure you check the timings and arrive in plenty of time for warm up;

- Session 1: Saturday 12 March, warm up 12:45pm, start 1:30pm
- Session 2: Saturday 12 March, TBC
- Session 3: Sunday 13 March, warm up 8:45am, start 9:30am
- Session 4: Sunday 13 March, TBC

**POOL:** The length of the pool is 25m (eight lanes) with anti-turbulence lane ropes. We'll be using Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres. There's also a secondary strobe light available for those who need it.

We'll be using the studio pool for warm down, it's 17m x 8m, with a maximum depth of 1.8m.

Warm up will take place 45 minutes before the start of each session.

**AGE GROUPS:** 9/10 years, 11/12 years, 13/14 years, 15 and over. Age is at 13 March 2022.

**SEEDING:** All events will be seeded in time classification – the slowest competitors will be in the first heats.

**AWARDS:** Individual awards will be made to the first three swimmers in each age category: 9/10, 11/12, 13/14 and 15/over. Winners will be announced at the event and they'll be able to collect their medals poolside.

**POOLSIDE:** Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet.

**COACH PASS:** Pre-booked coach's passes will be available at £20 per single day and £30 for the weekend (including food). This includes a programme, club result sheets and pass. These are collected from the Registration Desk located outside of the changing rooms, and pre-ordered on the entry form contained within this information pack.

It is the responsibility of the Club applying for Coach passes to make sure their Coaches and team managers are DBS checked and named on the application form. Passes will only be given to those named by their Club.

### **Officials**

**OFFICIALS:** Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session. Please contact the Officials Coordinator [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk) with details of your volunteers and any questions. Professional catering for those volunteering at consecutive sessions on the same day, and refreshments will be provided for Officials.

**Organisation:** We'll be running the Meet using Sportsystems meet management system.



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### **Spectators**

There's a large balcony at the Centre so you'll be able to watch your swimmer and cheer them on. We'll be charging £4.00 per session or £7.00 all day entry to spectate and a programme will cost £2.00.

Wet swimmers are not allowed in the spectator area.

**REFRESHMENTS:** There's a café at the Centre which serves hot and cold food and drink. There are also vending machines available in the foyer.

**PHOTOGRAPHY:** Sorry, you're not allowed to take any photos or videos inside The Queen's Diamond Jubilee Centre. You might be asked to leave if you do.



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### Rules and conditions

1. The Promoter of the Rugby Open Meet 2022 is Rugby Swimming Club.
2. The competition will be held under A.S.A. Law and A.S.A. Technical Rules.
3. The competition is open to Swim England level 2 members only.
4. There are both minimum and maximum qualifying times for this Meet - times are from 01/01/21.
5. All events will be heat declared winners.
6. Swimmers diving into the pool must have reached the standard of the A.S.A. Preliminary Competitive Start Award. Those who have not achieved this standard must start in the water. Coaches are to oversee their own swimmers during the warm up.
7. Age groups will be: Girls and Boys – 9/10 Years, 11/12 years, 13/14 years, 15/over. Age is at 13/03/2022.
8. Awards will be made to the first three swimmers in the 9/10, 11/12, 13/14 and 15/over age groups.
9. Entry fee - £7.50 per event. Total fee must be paid at the time of entry, bank transfer only.
10. We would like as many entries as possible to be by Sportsystems Entry Manager, with one submission only per club please. Email [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk) for the entry file set. The fee is to accompany the entry form and will be non-returnable if the entry is accepted. Bank transfer account name: Rugby Swimming Club, Sort Code 20-73-48, Account Number 83410730, Reference swimmers name/RSCOpen22). Completed entry forms should be emailed to the Meet Manager at [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk). Entries will not be accepted without the appropriate fee being paid.
11. The closing date for entries is midnight on **Saturday 12 February 2022**.
12. The Promoter reserves the right to restrict the number of entries, based on a 'First Come, First Served' basis.
13. By entering the competition you agree to the swimmer's name, age and entered events appearing on the Rugby Swimming Club and ASA/Swim England websites in line with confirmed or rejected entries and published results on Rankings.
14. All details of accepted/rejected entries will be posted on the club website, [www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk), and no details will be sent by post. All details must be checked by swimmers (or their guardians) and any changes notified immediately by email to [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk). Refunds for any rejected entries will be made by bank transfer.
15. Competitors not reporting in time for an event may be excluded from that event.
16. The start list will be created one hour before each session. If swimmers don't attend their heat then it will be swum with an empty lane. No changes can be made after the start list is created, and no filling of empty lanes will be allowed. Please make every effort to withdraw from events that you are not swimming in.
17. Over the top and side by side (for backstroke) starts may be used.
18. We will be using a secondary strobe light for starts subject to availability at the pool.
19. Start times are as stated in this information pack. If they need to change you'll find details on the club website.
20. Sportsystems meet management system will be used to run the event.
21. Please email withdrawals to [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk). Alternatively, complete a withdrawal slip on the day, at least one hour before the start of the session.
22. Any item not covered within these conditions will be at the sole discretion of the Promoter.
23. All details of accepted / rejected entries will be posted on the club website, Results will be posted on the club website [www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk) and results files will be provided to ASA Rankings.
24. Visiting clubs with ten or more swimmers are kindly requested to provide at least two qualified officials to each session. Please contact the Officials Coordinator [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk) with details.
25. RSC has an appointed Covid-19 Lead ([covidlead@rugbyswimmingclub.co.uk](mailto:covidlead@rugbyswimmingclub.co.uk)). Where necessary, they are responsible for developing and communicating to all participants, prior to any competitive activity taking place, a Covid-19 plan and Risk Assessment in the event that Covid-19 restrictions remain at the time of the competition.
26. No swimmers, officials, volunteers and/or spectators (if allowed) should leave home to participate in the competition if they, or someone they live with, has any of the following Covid-19 symptoms:
  - a. A high temperature
  - b. A new, continuous cough
  - c. A loss of, or change to, their sense of smell or taste
27. Those participants who withdraw due to Covid-19 symptoms will receive a full refund after the competition – notify [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)
28. For any questions or complaints about these terms, please email the Open Meet Organiser, Amanda and Jo on [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)

You can find a copy of this information pack at [www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk)



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### Programme of Events

Session 1: Saturday 12 March			
Warm up: 12.45pm, start 1.30pm			
Event no.	Event		
201	G	400m	Freestyle
202	B	400m	Freestyle
203	G	50m	Back
204	B	50m	Back
205	G	200m	Breaststroke
206	B	200m	Breaststroke
207	G	100m	Butterfly
208	B	100m	Butterfly

Session 2: Saturday 12 March			
Warm up: TBC			
Event no.	Event		
301	G	200m	Backstroke
302	B	200m	Backstroke
303	G	100m	Breaststroke
304	B	100m	Breaststroke
305	G	50m	Freestyle
306	B	50m	Freestyle

Session 3: Sunday 13 March			
Warm up: 8.45am, start 9.30am			
Event no.	Event		
401	B	200m	Butterfly
402	G	200m	Butterfly
403	B	100m	Freestyle
404	G	100m	Freestyle
405	B	50m	Breaststroke
406	G	50m	Breaststroke
407	B	200m	Indiv. Medley
408	G	200m	Indiv. Medley

Session 4: Sunday 13 March			
Warm up: TBC			
Event no.	Event		
501	B	200m	Freestyle
502	G	200m	Freestyle
503	B	50m	Butterfly
504	G	50m	Butterfly
505	B	100m	Backstroke
506	G	100m	Backstroke

***Start times for sessions 3 & 5 to be confirmed after entries have been received***



# Rugby Open Meet 2022

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## Upper and lower time limits (Short Course 25m)

**Upper Times (you must be slower than this to enter)**

BOYS					GIRLS			
9/10	11/12	13/14	15+	EVENT	9/10	11/12	13/14	15+
32.90	31.20	27.70	26.80	<b>50m Free</b>	31.40	30.60	29.30	28.50
1.07.80	58.80	56.20	55.60	<b>100m Free</b>	1.09.00	1.01.00	59.60	59.20
2.26.10	2.09.80	2.01.80	2.00.10	<b>200m Free</b>	2.26.50	2.18.00	2.12.90	2.11.40
5.07.20	4.31.70	4.17.60	4.16.80	<b>400m Free</b>	5.11.30	4.48.40	4.38.40	4.36.40
38.50	33.80	31.40	31.00	<b>50m Breast</b>	41.00	36.40	35.30	34.80
1.29.30	1.17.20	1.10.50	1.09.30	<b>100m Breast</b>	1.29.60	1.20.00	1.17.00	1.16.40
3.03.00	2.46.00	2.34.20	2.33.10	<b>200m Breast</b>	3.05.10	2.54.20	2.48.70	2.47.30
34.90	32.00	29.70	28.80	<b>50m Fly</b>	34.80	31.40	29.90	29.30
1.19.00	1.07.60	1.00.80	58.80	<b>100m Fly</b>	1.19.30	1.08.20	1.06.60	1.06.10
2.54.00	2.28.80	2.15.60	2.14.10	<b>200m Fly</b>	2.56.00	2.39.40	2.30.90	2.28.80
36.00	32.40	30.70	29.10	<b>50m Back</b>	35.90	33.50	32.10	31.50
1.18.00	1.08.00	1.01.40	1.00.00	<b>100m Back</b>	1.18.10	1.10.20	1.08.60	1.08.10
2.41.20	2.25.00	2.16.70	2.15.10	<b>200m Back</b>	2.48.20	2.35.00	2.29.20	2.26.90
2.48.10	2.27.90	2.17.60	2.16.20	<b>200m IM</b>	2.50.40	2.38.20	2.32.10	2.30.50

**Lower Times (you must be faster than this to enter)**

BOYS					GIRLS			
9/10	11/12	13/14	15+	EVENT	9/10	11/12	13/14	15+
0:51.1	0:46.2	0:41.4	0:37.6	<b>50m Free</b>	0:52.1	0:46.6	0:43.5	0:41.7
1:52.3	1:39.5	1:28.8	1:20.6	<b>100m Free</b>	1:54.4	1:40.2	1:32.8	1:29.2
3:51.2	3:36.7	3:13.3	2:56.0	<b>200m Free</b>	3:53.0	3:37.3	3:18.8	3:10.7
7:15.8	6:45.6	6:05.9	5:33.9	<b>400m Free</b>	7:22.6	6:48.0	6:14.4	5:59.9
1:07.0	1:00.0	0:52.4	0:46.9	<b>50m Breast</b>	1:07.5	1:00.1	0:54.8	0:52.4
2:25.5	2:08.2	1:52.6	1:41.1	<b>100m Breast</b>	2:26.3	2:08.3	1:56.9	1:51.8
4:38.6	4:38.6	4:04.3	3:39.2	<b>200m Breast</b>	4:36.8	4:36.8	4:11.1	4:00.9
0:57.0	0:51.3	0:45.4	0:40.1	<b>50m Fly</b>	0:57.0	0:51.2	0:47.2	0:44.7
2:08.4	1:52.2	1:38.5	1:27.3	<b>100m Fly</b>	2:08.6	1:52.2	1:42.0	1:37.3
4:10.2	4:10.2	3:39.2	3:12.6	<b>200m Fly</b>	4:10.3	4:10.3	3:43.9	3:31.5
0:58.7	0:52.8	0:47.2	0:42.0	<b>50m Back</b>	0:58.8	0:52.6	0:49.0	0:46.3
2:06.7	1:51.6	1:39.4	1:28.8	<b>100m Back</b>	2:07.8	1:52.0	1:42.6	1:37.5
3:59.0	3:59.0	3:33.0	3:11.5	<b>200m Back</b>	3:59.3	3:59.3	3:39.6	3:28.4
4:15.1	3:58.1	3:32.5	3:11.5	<b>200m IM</b>	4:15.2	3:57.3	3:38.8	3:29.7



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### INDIVIDUAL ENTRY FORM

FORENAME(S): ..... SURNAME: .....

ADDRESS: .....

DATE OF BIRTH: ..... AGE AS AT 13/03/2022: .....

EMAIL ADDRESS: ..... SEX: Male / Female

TEL. No: ..... CLUB: .....

A.S.A REGISTRATION No: .....

EVENT	Entry time (Enter time for selected event)
50m FREESTYLE	
100m FREESTYLE	
200m FREESTYLE	
400m FREESTYLE	
50m BACKSTROKE	
100m BACKSTROKE	
200m BACKSTROKE	
50m BREASTSTROKE	
100m BREASTSTROKE	
200m BREASTSTROKE	
50m BUTTERFLY	
100m BUTTERFLY	
200m BUTTERFLY	
200m INDIVIDUAL MEDLEY	

No. of events entered @ £7.50 each: ..... Total Cost: .....

Payment by bank transfer to Rugby Swimming Club, Sort Code: 20-73-48, account Number 83410730, Ref: [swimmer's name]/RSCOpen22. This is to be made at the same time as submitting this form.

I declare that I am eligible to compete in the Rugby Open Meet 2022 accepting the Promoter's conditions of entry.

Signed .....

This form to be returned to the Meet Manager at [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)

### **IMPORTANT**

***Please check on the club website ([www.rugbyswimmingclub.co.uk](http://www.rugbyswimmingclub.co.uk)) that the meet is not full before submitting entry.***

***Accepted entries will be posted on the club website after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.***



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Officials Coordinator  
Email: [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk)

Dear Official,

It is with great pleasure that I invite you to officiate at our Rugby Open Meet 2022. This meet takes place at the Queens Diamond Jubilee Centre, Rugby on 11 - 13 March 2022.

**Session 1: Saturday 12 March, warm up 12:45pm, start 1:30pm**

**Session 2: Saturday 12 March, TBC**

**Session 3: Sunday 13 March, warm up 8:45am, start 9:30am**

**Session 4: Sunday 13 March, TBC Sessions 3 & 5 timing to be confirmed closer to the date.**

Visiting clubs with ten or more swimmers are requested to provide at least two qualified officials to each session. Please contact me on [officials@rugbyswimmingclub.co.uk](mailto:officials@rugbyswimmingclub.co.uk) with your volunteers and any questions. Professional catering and refreshments will be provided for volunteers. Please use the form below to let me know the details of your Officials by 12 Feb 2022.

Food is provided between sessions 1 and 2, and between sessions 3 and 4 for those covering consecutive sessions on the same day.

If you require any further information, please email me at the address above.

Yours faithfully,

RSC Officials Coordinator

Club	Club name												
Name	ASA No.	DBS No.	Email address	Sessions				Current level					T r a i n i n g  R e f .
				1	2	3	4	TK	J1	J2	J2s		





**Rugby Open Meet 2022**  
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**Summary of Entries and Coaches Passes**

Total No of Entries: \_\_\_\_\_ @ £7.50 per entry      Total    £ \_\_\_\_\_

No of 1- Day Coaches Passes: \_\_\_\_\_ @ £20.00      Total    £ \_\_\_\_\_

No of Weekend Coaches Passes: \_\_\_\_\_ @ £30.00      Total    £ \_\_\_\_\_

Total Cost £ \_\_\_\_\_

**Please provide the names and DBS of all coaches using passes:**

Name of Coach	DBS Number

Coach Passes can only be purchased in advance of the Meet.

For administration purposes, please fill in contact details below:

Contact Name: \_\_\_\_\_ Club: \_\_\_\_\_

Tel No: \_\_\_\_\_ Email address: \_\_\_\_\_

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered \_\_\_\_\_ (Club official)

Return to:

**Meet Manager:** [rugbyopen@rugbyswimmingclub.co.uk](mailto:rugbyopen@rugbyswimmingclub.co.uk)